Dear Timpview Families,

I hope you enjoyed a fabulous holiday season. The holidays are always a great moment for reflection and celebration. This year, however, the horrific events in Newtown, Connecticut, have left us all feeling somewhat shaken and concerned about the safety of our children. It is difficult to understand and imagine why anyone would deliberately harm a small child. As we come to terms with this tragedy, I want to reassure you that your child’s safety is our very first concern. With this in mind, I ask for your assistance.

Please be aware that when you visit the school you enter through either 1) the main doors on the west, facing Timpview Drive, or 2) the north side of the building, entering through the Commons area. During the school day, all entries into the school will be locked except for these main entrances.

All visitors to the building must check in and receive a visitor’s badge. These badges will identify you to our staff as they are being asked to welcome any adult in the school without one. At the end of your visit, I ask that you check out once again through the main office. While asking all visitors to check in and check out may be an inconvenience for some, it will help us better understand who is in the building.

In addition, we are working with the school’s staff to review district procedures, practice emergency drills, and provide additional training. Our School Resource Officer has been a great resource in this regard as the school and district work closely with the Provo City Police Department.

We have also established a Safety Committee comprised of staff, students, and community members that is meeting monthly to review and provide feedback on all of our

Principal’s Message continued on page 2
Principal McKee’s Message, continued

policies and procedures. This diverse group plays an important role in keeping the school safe. If you have any questions or concerns about safety at Timpview, please do not hesitate to contact me.

On a more pleasant note, our students continue to demonstrate a depth of character through their service to others:

• This past month our students raised more than $23,000 for families in need through the Sub for Santa program. These funds were donated to the charity Going Beyond Borders to assist 43 families in our community and the Women's Crisis Shelter.

• In addition, our students organized and led a canned food drive that resulted in more than 18,000 pounds of donated food for homeless and needy families.

• Finally, through the efforts of our incredible choir program, over $6,000 was raised to assist 100 children currently in the care of the state's Department of Children and Family Services.

Simply stated, our kids are amazing!

Go T-Birds!

– Todd
Football Team to Be Honored

The Timpview Varsity Football team will be honored by the CBS high school sports website MaxPreps and the Army National Guard during halftime at the Boys’ Basketball game on Tuesday, 15 January, at 7:00 P.M.

The MaxPreps Tour of Champions honors just 50 of the nation’s top-ranked teams each year. Be sure to invite family and friends to help recognize the football team for their hard work and dedication.

To view more about the award, click on http://www.maxpreps.com/video/watch.aspx?videoid=caef6688-d277-70e9-ed7f-f43191a17240. (You may need to adjust the volume in the video window.)

Yearbook Deadlines Extended

The deadline for Senior Ads has been extended until Friday, 25 January. You can find submission information on the Timpview website by clicking on http://www.timpview.provo.edu/wp-content/uploads/2012/11/Senior-Ad-Packet-2012-2013.pdf.

The pre-Christmas price of $55 per yearbook will be extended until later in the spring, when the price will go up to $65.

All-State Orchestra

The following Timpview students will perform with the All-State Orchestra at Abravanel Hall in Salt Lake City on 19 January 2013. They were selected from students all over the state of Utah. There are more members of the All-State Orchestra from Timpview than from any other school in the state; they constitute 10 percent of the entire orchestra.

Megan Asplund • Lauren Blair • Jonathan Engle
Audrey Hudgens • Jennifer Lee • Mary Nielson
Alessandro Rosborough • Ethan Sherman
Nathan Sherman • Peter Young

Concerto and Aria Concert

The 19th annual Concerto and Aria Concert will be held on Thursday, 24 January 2013, at 7:30 P.M. in the Timpview auditorium. The following students will be featured performers with the Philharmonic Orchestra:

• Megan Asplund (violin solo)
• Lauren Blair and Mary Nielson (violin duet)
• Emma and Hannah Chapman (flute and oboe duet)
• Allison Garrett (harp solo)
• Alessandro Rosborough (viola solo)
• Nathan Sherman (violin solo)

Winter ACT Prep

The Timpview winter ACT Prep class is now in full swing. The class is held Saturday mornings, 9:00 A.M. to 12:00 NOON, on the following dates:

12, 26 January
2, 9, 23 February
2 March

*There are no classes held on three-day weekends.

A few slots may still be open for the winter prep class. Inquire about registering in the counseling office. Cost for the Timpview ACT Prep class is $50.00, thanks to generous subsidies from the Community Council.

Timpview’s free ACT for all juniors will be 5 March. The official ACT test is 13 April. Sign up at www.act.org.
PTA President’s Message

When I tell people I am the PTA president at Timpview High School this year, the most common query has been, “What does PTA do on the high-school level?” So I thought it might be helpful to outline for Timpview parents the contributions made by our many wonderful PTA volunteers. PTA is responsible for:

• The Reflections program, which encourages student creativity in the arts;
• The Golden Apple program, which honors excellence in teaching;
• Teacher Appreciation: PTA provides a monthly token of appreciation to teachers and staff, as well as daily teacher appreciation activities during Teacher Appreciation Week;
• Birthday treats for teachers and staff members;
• Teacher luncheons twice each year;
• Education Commission: PTA awards students who are putting forth extra effort at school but who may not be recognized in any other way;
• Senior Party: PTA is responsible for the end-of-year senior party, which provides a safe and fun way for students to celebrate their graduation from high school;
• PTSA: The PTA student organization open to all students that provides students with service opportunities. PTSA is also in charge of the Battle of the Bands competition, open to all students who have their own bands;
• PTA Newsletter: PTA works together with the school to provide important information to parents;
• Health and Safety Commission;
• Legislative VP: PTA is involved in keeping an eye on the state legislature to ensure that the laws enacted are in the best interest of children;
• Finally, we have many volunteers on our email list who help on an on-call basis whenever a teacher or school administrator needs additional help.

I would like to encourage all of you to include Timpview PTA in your New Year’s resolutions. When you join or make a donation to Timpview PTA, you are acting to support the students, teachers, and staff at our high school. We appreciate all who are willing to give of their time or means to help Timpview be the best it can be! If you have any questions, please feel free to email me at julie@myblueshoe.com.

– Julie Lloyd

Reflections

Congratulations to the following students who received Reflections awards at the council (regional) level. All projects were inspired by this year’s theme “The Magic of a Moment.” Some of these students’ projects will now move on to be judged at the state level.

3-D
First—Yunju Lee
Second—Carolina Castro

Photography
Second—McKenna Matsu
Third—Heather Peauler

Visual Arts
Second—Emma Tueller-Stone
Third—Alexis Linford
Honorable Mention—Nicholette Campbell
Honorable Mention—Emma Barlow

Music Composition
First—Brenna Christen
Second—Catherine Cranney

The 2013-14 Reflections theme will be “Believe, Dream, Inspire.”

Encourage your students to start considering projects now in any of eight categories: literature, musical composition, 3-D, photography, visual arts, film production, dance choreography, and theater. The submissions deadline is generally in October.

The next PTA Board meeting will be Wednesday, 13 February, 1:00 P.M. in the main office conference room. All Timpview parents are invited to attend.
Names on Diplomas
Graduates will be receiving a letter from Dr. McKee in the next two weeks about graduation. Keep the envelope. The name on the mailing label will be the name used on your student’s diploma. If you would like to spell out a middle name (or make any other changes), please contact Ann Decker by Friday, 8 February: 801-226-2747 or annd@provo.edu. After 8 February, it will cost $10 to make changes to your student’s name on his/her diploma. The student’s name on the diploma should match his/her birth certificate.

Second Annual Career Fair
Timpview’s Second Annual Career Fair will be held 21 February, 10:00–11:45 A.M. Dozens of professionals in different fields will speak to students about life after graduation and preparation for college and the workforce. Students will register for their top career choices and then attend two presentations related to those choices. Ann Decker is currently finalizing the list of professional presenters/participants. If you are interested in sharing your expertise during the career fair—or know of someone who is—please contact Ann Decker: 801-226-2747 or annd@provo.edu.

Upcoming Tests
The next ACT Test is 9 February. (Registration deadline was 11 January.) Register for the ACT online at www.actstudent.org. Timpview’s ACT code is 450-326. Cost is $35. Fee waivers are available for those on free or reduced lunch.

The next SAT Test is 26 January. (Registration after 28 December incurs a $27 late fee.) The SAT is recommended for juniors and seniors whose school of choice requires it. Sign up online at www.collegeboard.com. Cost, without a late fee, is $50.

See your counselor or Mrs. Davis in the Career Center for more information.

LDS Mission/Military Considerations
Are you planning on serving an LDS Church mission or joining the military next year? It is still beneficial to apply to college by the application and scholarship deadline.

The majority of universities recommend that you apply for college now and, if accepted, defer your enrollment and/or scholarship for 2 to 2 ½ years. Universities will honor your acceptance for up to 7 college semesters.

Points to consider:
• Apply now and don’t stress while you are on an LDS mission or in the military to complete applications.
• Better planning now equals more success in the future.
• Students who apply early in high school are more likely to enroll and stay in college and complete a degree.
• Certain scholarships are only offered to graduating seniors.

FAFSA: FYI
1 January was the first day students could file a 2013–14 FAFSA (Free Application for Federal Student Aid).

Seniors will want to have completed their FAFSA before 1 March. Parents of seniors should have their 2012 taxes done early or be able to do an estimate.

A completed FAFSA is required when you apply for federal and state student financial aid programs, as well as for many scholarships—whether federal, state, college, or private. Some scholarship programs are designed for students who were rejected for federal financial aid, so even if you don’t think you qualify for aid, submitting your FAFSA can pay off.

Completing your FAFSA is free, and help is built into the on-line application system. For more information, go to http://www.fafsa.ed.gov.
$cholarships
There are multitudes of scholarships out there on the vine waiting to be plucked. Below is just a sampling of scholarships with January application deadlines. For more information, go to the online 2012–13 Timpview Scholarship booklet by clicking http://www.timpview.provo.edu/wp-content/uploads/2012/09/Scholarship-Booklet-2012-2013-PDF-revised.pdf. Or you can contact Colette Davis, Timpview scholarship/SEOP specialist: coletted@provo.edu.

15 January–National Multiple Sclerosis Society, Utah State Chapter (seniors)
$1,000–$3,000 awards; any student with MS or who is a child of someone with MS. http://www.nationalmssociety.org/chapters/UTU/index.aspx

15 January–Washington Crossing Foundation (seniors)
$500–$5,000 awards; for students who are planning careers in government service; one-page essay stating why applicant plans a career in government service, including any inspiration derived from the leadership of George Washington in his famous crossing of the Delaware. http://www.gwcf.org

16 January–Gates Millennium (seniors)
Amount varies according to need; for African American, American Indian/Alaska Native, Asian Pacific Islander, or Hispanic American students; min. GPA 3.3; severe financial need; must have Pell Grant as part of their financial package; requires a nominator and recommender. www.gmsp.org

16 January–Create-A-Greeting Card Contest (grades 9-12)
One $10,000 prize; submit original photo, artwork, or computer graphic for the front of a greeting card. www.gallerycollection.com/greetingcardscontests.htm

18 January–DECA 2012 Scholarships (seniors)
More than a dozen scholarships available for members of DECA. http://www.decaregistration.com/scholarship/

21 January–ACT Poster Contest (juniors and seniors)
$1,000–$5,000 awards; design a poster answering the question, “Why Take the ACT?” promoting the theme of attending college and taking the ACT as the entrance exam of choice. Must include the ACT logo (located on website). www.actstudent.org/postercontest

28 January–National Honor Society (seniors)
$1,000–$13,000 awards; must be a member of the National Honor Society, show leadership, and demonstrate service; must be nominated; see Mrs. Abbott. www.nhs.us

30 January–Jim McKay Memorial Scholarship (seniors)
$10,000 award; students who intend to pursue a bachelor degree in communication with the emphasis on any aspect of the television industry; two essays 1) describe what you will do upon graduation from high school, and 2) which continuing television program, past or present, has most influenced your life and why? www.emmyonline.tv/scholarship/application

31 January–National Football Foundation Scholarship Awards (seniors)
$1,000 scholarships; min. GPA 3.0 or better; outstanding football ability (minimum first team all-region required for nomination); leadership and community service; letter(s) of recommendation needed. http://www.utahfootballfoundation.com/page/1r5l1/Recognition/Nomination_Form.html

31 January–University of Utah Chicano (Hispanic seniors)
Four $2,500 awards; for students planning on attending University of Utah; need to have lived in Utah for five or more years; selected on financial need, involvement in the Chicano / Latino community, life challenges; submit transcripts and two letters of recommendation. http://chicano.utah.edu/pdf/application.pdf

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Pencil it in . . .
Parent Teacher Conferences
13 February, 3:00–9:00 P.M.
Blue Christmas

Help available for post-holiday depression and other issues

With the Christmas holiday in the recent past, I would like to use “Blue Christmas” as a topic for discussion. Although the famous Elvis Presley song is about missing a loved one during the holiday season, “Blue Christmas” is also a phrase used to describe depression during and around the holidays.

The Student Services Department within Provo School District includes four main social workers as well as interns placed throughout the district to assist parents and students with a variety of problems—depression, divorce, stress, suicide, and grief, just to name a few. As the social worker at Timpview High School I have seen a variety of students referred by parents and staff regarding these issues. These are very real issues going on within our district and school; many of these challenges are unseen, or unspoken within our families.

“If you as a parent are struggling with separation, divorce, depression, or any other issues, your children are likely suffering as well.”

Please remember that there is always help. If you as a parent are struggling with separation, divorce, depression, or any other issues, your children are likely suffering as well. Children are perceptive of, know about, are affected by, and in some cases feel responsible for what is happening within the family. Please take the time to talk to your children because many of them have come and talked to me about a variety of issues.

We are concerned about you and your family. We want you to know there are resources available to you within the community. Please don’t hesitate to contact me if you have questions or concerns or if I can be of assistance to you and your family.

Other resources are also available if needed:
Suicide Hotline: 1-800-273-8255
Wasatch Mental Health Crisis Line: 801-373-7393

—David Young, MSW
Provo School District Social Worker
Student and Family Support
davidy@provo.edu; 801-669-3233

Whooping Cough Alert

The following is a letter dated 2 January 2013

Dear teachers and parents of students at Timpview High School:

A person attending this school was recently diagnosed with pertussis. Pertussis (whooping cough) is a contagious disease characterized by cold symptoms such as runny nose and an irritating cough. This infection can be life-threatening in small children. In previously immunized teenagers and adults it frequently presents as a very persistent and sometimes severe cough that lasts for weeks; it may also present as a very mild cough that may be mistaken as a viral respiratory illness. Regardless of the cough intensity, it can be spread to others, including unimmunized infants. Therefore, it is important to be diagnosed and receive treatment.

As we are experiencing an unusually high number of pertussis cases in the state, it is very probable that there are more undiagnosed cases in the school. We therefore feel it is prudent to notify parents of the possibility that their children, although not directly exposed to the diagnosed cases, may still be exposed to pertussis; it is important to be aware of any signs or symptoms in their children that might be pertussis.

A booster vaccine (Tdap) is also now available to teenagers and adults. This vaccine is recommended, as neither the vaccine given in childhood nor the illness creates a lifelong immunity to the disease. Your child may have already received this as a required vaccine upon entry to the seventh grade; if that is the case, then your child should have sufficient protection against this exposure. Regardless of the vaccine history, if your child should have the symptoms of pertussis, please see your health practitioner.

By notifying you of this possible exposure, we are trying to control the spread and prevent new cases of this illness. If you have any questions about signs or symptoms of this illness, please feel free to contact me.

Sincerely,

—Lisa Guerra
R.N. Epidemiology Coordinator
Utah County Health Department
801-851-7037; lisag@utahcounty.gov
Have you seen Timpview’s website lately? At www.timpview.provo.edu you’ll find:

• school news and announcements;
• photos of school events (such as the Veterans’ Day Tribute, shown left);
• calendar of events;
• teacher directory, with contact information;
• links to current and past editions of the T-Bird Times (parent newsletter) and Thunderbolt (student newspaper);
• counseling information, including links to this year’s registration booklet (with descriptions of available courses) and scholarship booklet;
• Community Council meeting minutes;

... and much more.

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Concurrent Enrollment Spring

Students in a second semester Concurrent Enrollment (CE) class need to be aware that UVU Spring semester deadlines come quickly, with little time in the new semester before the application period and course registration closes.

Students wishing to get college credit in their high school CE classes must apply to UVU in order to receive a UV ID number. After being assigned their UV ID, students need to go online and register for the UVU courses they are taking for college credit.

THS class/UVU CRN numbers are listed in the December T-Bird Times newsletter or online at www.uvu.edu/concurrent.

All students participating in Concurrent Enrollment must meet the following GPA requirements:

• Minimum cumulative GPA of 3.0 for academic courses
• Minimum cumulative GPA of 2.0 for career and technical courses

*Sophomores in a CE class can participate by application. They must fill out and complete all steps listed on the UVU CE “Sophomore by Exception” application. Applications can be picked up in the THS counseling center or online under the “High School Student” tab at www.uvu.edu/concurrent.

Sophomore applicants must take the full Accuplacer Student Assessment exam. Assessment exams are $10 (cash) and handed out on a walk-in basis at the UVU Wolverine Testing Center. For testing hours, call 801-863-6025. You will need your UV ID number to test.

Accuplacer Student Assessment exams will also be proctored in the THS Library labs after school on 17, 18, and 22 January ONLY. To test at THS, students will need to bring their completed “Sophomore by Exception” application with parent signature, parent letter, UV ID number, and UVU courses and CRNs listed on their application. Testing check-in is first come, first served, 2:30–3:00 P.M. The exam can take up to two hours to complete.

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UVU Spring Concurrent Enrollment Deadline Dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>23 January</td>
<td>UVU admission deadline</td>
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<tr>
<td></td>
<td>*Sophomore by Exception application deadline (Admission deadline 20 January to complete requirements)</td>
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<tr>
<td>25 January</td>
<td>UVU course registration deadline</td>
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</tbody>
</table>
15 January, Tuesday
Freshman Boys’ Basketball @ American Fork Middle School
Boys’ and Girls’ Basketball vs. Orem, Thunderdome and north gym

16 January, Wednesday
Swim meet vs. Salem Hills
Freshman Girls’ Basketball vs. Provo, Thunderdome

17 January, Thursday
Wrestling @ Springville
All-State Orchestra and Band (17–19 January)

18 January, Friday
Boys’ and Girls’ Basketball @ Salem Hills
Battle of the Bands, time TBA, Commons

19 January, Saturday
Debate @ American Leadership Academy–Spanish Fork
ACT Prep class, 9:00 A.M.–12:00 NOON

21 January, Monday
No school (Martin Luther King, Jr., Day)

22 January, Tuesday
Boys’ and Girls’ Basketball @ Springville

24 January, Thursday
Region drill team competition @ Springville (24–25 January)
Wrestling vs. Provo, Thunderdome
Concerto and Aria Concert, 7:30 P.M., auditorium

25 January, Friday
Swimming region championship meet @ Orem (25–26 January)
UMEA Honor Choir (25–26 January)
Boys’ and Girls’ Basketball @ Provo

26 January, Saturday
ACT Prep class, 9:00 A.M.–12:00 NOON
Sweethearts’ Ball, 8:00–11:00 P.M.

28 January, Monday
Community Council meeting, 2:30 P.M., main conference room

29 January, Tuesday
Freshman Boys’ Basketball @ Lakeridge Jr. High
Boys’ and Girls’ Basketball @ Mountain View
HOSA blood drive, 8:30 A.M.–1:00 P.M.

30 January, Wednesday
Altered Book Art Reception, Commons, art gallery
ASVAB (Armed Services Vocational Aptitude Battery) Test
Freshman Girls’ Basketball @ Lakeridge Jr. High

31 January, Thursday
Girls’ and Boys’ Basketball @ Maple Mountain

1 February, Friday
Wrestling regional championship @ Provo (1–2 February)
State drill team competition @ UVU
Debate @ Wasatch

2 February, Saturday
ACT Prep class, 9:00 A.M.–12:00 NOON

5 February, Tuesday
Boys’ and Girls’ Basketball vs. Timpanogos, Thunderdome and north gym

6 February, Wednesday
Early out (11:51 A.M.)
State wrestling (6–7 February)
As You Like It performances begin, 7:30 P.M., auditorium stage
(6–9, 11 February)

8 February, Friday
State swimming (8–9 February)
Girls’ and Boys’ Basketball @ Orem

9 February, Saturday
ACT Prep class, 9:00 A.M.–12:00 NOON
ACT test

Looking Ahead

The T-BIRD TIMES is published monthly. Its mission is to keep the Timpview community informed and connected.

Suggestions and submissions (including photos) are welcome.
Submission deadline for each month’s newsletter is the 25th of the previous month.
Contact Amy Lynn Andrus: ames@tinypineapple.com